

YOUR DETAILED ITINERARY

FULL SOUTH TO LIMA

YOUR TRIP, DAY BY DAY

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7 days or 7 weeks? You decide!

This is just our recommended itinerary. Love a place? Stay longer! Change your travel dates in the Peru Hop app and explore Peru at your own pace.

HOW TO READ THIS ITINERARY

INCLUDED

Part of your pass. Nothing to book or pay

PERU HOP EXCLUSIVE

An included stop no other bus makes

OPTIONAL

Your choice, at an extra cost



DAY 1 · NIGHT BUS

CUSCO → PUNO

Night bus to the shores of Lake Titicaca

9:30pm — **Bus leaves Cusco**
Meet us at the Peru Hop private terminal, about 15 minutes from the main square.

5:00am — **Arrive in Puno**
Gateway to Lake Titicaca, the highest navigable lake in the world, and home of the Uros floating islands.

6:00am — **Uros floating islands tour** OPTIONAL
2 hour tour to the floating islands which were man-made with reeds by the Uros people.



GOOD TO KNOW TODAY

Save a night. The night bus saves you a night of accommodation and a full day of travel.

A full day at the lake. Your next bus leaves Puno at 10:00pm tonight. **See page 3**.



DAY 2 · NIGHT BUS

PUNO → AREQUIPA

Night bus to the White City

10:00pm — **Bus leaves Puno**
Be at your meeting point 15 minutes early with all your luggage.

6:00am — **Arrive in Arequipa**
Arguably Peru's most beautiful city: the "White City", built from volcanic stone below the El Misti volcano.

8:00am — **Settle in**
Wait in our partner hotel lobby until 8:00am. Luggage storage is available for a small fee.

GOOD TO KNOW TODAY

Colca Canyon. 2 day tours start at 8:00am, so you can head straight out on arrival day. 1 day tours and treks start at 2:30am.

DAYS 3–4 · YOUR TIME IN AREQUIPA

Stay longer? Change Day 5 in the app

DAY 3	**Arrive and explore**	Settle in after the night bus, then explore the White City on the free walking and market tour. INCLUDED
DAY 4	**Colca Canyon**	Head out to the 2nd deepest canyon in the world. 2:30am start OPTIONAL
DAY 5	**Continue to Huacachina →**	5:45am pickup. See page 4

DAY 5

AREQUIPA → NAZCA → HUACACHINA

Down from the Andes to the desert oasis

5:45am — **Pickup in Arequipa**
Pickups between 5:15am and 5:45am. Be at reception by 5:15am.

7:00am — **Breakfast stop**
Fresh bread from a traditional bread oven.

1:00pm — **Lunch stop by the sea**
A break on Peru's Pacific coast.

4:30pm — **Arrive in Nazca**
Home of the mysterious Nazca Lines.

5:00pm ★

PERU HOP EXCLUSIVE

Nazca Lines viewing tower

Get an up-close look at the mysterious Nazca Lines from the viewing tower! See 3 famous figures for FREE at a stop that's difficult to reach on your own.



7:45pm — **Arrive in Huacachina**
The only natural desert oasis in South America. A small town you can walk end to end, surrounded by giant dunes.

GOOD TO KNOW TODAY

Nazca flight? To fly over the lines, stay 1 night in Nazca and take the flight the next morning.



DAY 6

HUACACHINA → PARACAS

Pisco, dunes at sunset, then the coast

11:00am **Leave for the Pisco vineyard**
A short ride from Huacachina.

11:30am **Pisco vineyard tour** INCLUDED
Pisco is to Peru what Tequila is to Mexico! Discover Peru's famous national spirit visiting one of the country's biggest vineyards, including tastings!



4:00pm **Dune buggy and sandboarding** OPTIONAL
Race up desert dunes in a powerful buggy, then feel the rush of sandboarding down the slopes. One of Peru's most thrilling adventures!



Sunset ★

PERU HOP EXCLUSIVE WITH BUGGY TOUR

Sunset toast at the dunes

Watch the sun sink behind South America's biggest dunes, a glass of local wine in hand. A moment that doesn't feel real. For everyone on the dune buggy tour.



7:00pm **Bus leaves Huacachina**
Bring all your luggage.

8:30pm **Arrive in Paracas**
A small fishing town by the sea, home to Peru's "mini Galapagos".



DAY 7

PARACAS → LIMA

Reserve, Pisco Sours and the Secret Slave Tunnels

Morning

Ballestas Islands boat tour OPTIONAL

Boat out to Peru's "mini Galapagos" to see sea lions, penguins and seabirds in their natural habitat.



1:30pm

Pisco Sour making class INCLUDED

Learn to make Peru's national cocktail, then enjoy the result.

2:30pm

Paracas National Reserve INCLUDED

Where the desert meets the Pacific. One of the best views of Peru's coast, and we take you straight to it.



4:30pm

Bus leaves Paracas

Bring all your luggage.

5:30pm

PERU HOP EXCLUSIVE

Secret Slave Tunnels, Chincha



Secret tunnels from the 17th century, only discovered after an earthquake two decades ago. Once used to traffic slaves, we take you underground to learn about Peru's dark history, unknown to 90% of travelers (and Peruvians).

10:30pm

Arrive in Lima

Drop-offs at central hotels and hostels in Miraflores, Barranco and Lima Centro.

AND THE ADVENTURE CONTINUES...

From Lake Titicaca to Peru's desert coast, you've discovered places most travelers miss. Now it's time to explore Lima: Miraflores, Barranco and its famous food scene.

Cusco → Puno → Arequipa → Nazca → Huacachina → Paracas → Lima

WHY PERU HOP?

Not just a bus from A to B. We make the journey through Peru part of the adventure, with stops many travelers miss, local onboard hosts and the freedom to travel your way.

REGULAR BUSES	PERU HOP
Travel directly between cities, missing places along the way.	**Exclusive stops at hidden gems, included in your pass**
Find your way to bus terminals	**Convenient pickups and drop-offs in major areas**
Plan everything yourself	**Local bilingual hosts to help along the way**
Travel on fixed departure dates	**Hop off and stay longer – your pass lasts 1 year**
A bus journey between destinations	**A social journey with authentic local experiences**

THE JOURNEY IS PART OF THE ADVENTURE

Discover hidden places most travelers miss, with unforgettable stops included in your pass.

- ★ Secret Slave Tunnels
- ★ Nazca Lines tower
- Paracas Reserve
- Pisco vineyard



ABOUT THE PERU HOP HOSTS

The ones who make Peru Hop an authentic local experience

Think of your host as your local friend in Peru. They'll share stories you won't find in guidebooks, show you the local side of every destination and help you make the most of your journey.

→ **Stories you won't find in guidebooks**
The history, legends and local life behind every stop

→ **Local insights**
Where Peruvians eat, what to try, how to get the best prices and what to skip

→ **A friend when you need one**
Help with tours, hostels or a change of plans, on the bus and off it

→ **Plans for tonight, sorted**
Your host gets the group together for dinners, salsa classes and Pisco Sour nights. Easy and optional to join, even if you're the quiet type

GOOD TO KNOW

Quick answers before you book.

Where does the bus pick me up?

From your hostel or hotel at every stop, except Cusco, where buses leave from the Peru Hop private terminal. Your ticket shows your exact pickup time. Staying in an Airbnb? Just email us and we'll send you the nearest meeting point.

Do I have to finish in 7 days?

No. 7 days is the fastest. Hop off wherever you like and stay as long as you want. Your pass is valid for one year.

How can I change my bus departures?

In the Peru Hop app. You can change any bus up to 12 hours before.

Where do I sleep?

Accommodation isn't included, so you choose your own style and budget. Book your own place, or book through the app with Peru Hop discounts.

Is it safe?

You're picked up at your door, every seat has a seatbelt, and buses have GPS tracking and speed-limit software. Our team is there 24 hours a day.

Who will I travel with?

Travelers of all ages from all over the world, plus your bilingual Peruvian host on every bus.

How do optional tours work?

Book them your way: **in the Peru Hop app**, **with your host** on the bus, or **on your own**. When you book with us, we work with the best operators, vet them constantly and plan tour times around your bus.



READY TO EXPLORE THE REAL PERU?

Discover the hidden gems, meet fellow travelers and enjoy the freedom to explore Peru your way.

Still have questions?

Not sure how many days you need, where to stay or how it all works? Our local team in Peru is happy to help, even if you haven't booked yet.

WhatsApp our local team →

WhatsApp +51 980 596 779

Ready for your Peru adventure?

Full South to Lima · Cusco to Lima, at your own pace.

Book your Peru Hop pass →